

# Down Syndrome Association OF NORTHEAST OHIO



## Medical News

December 19, 2024

I recently watched a webinar on skin issues and people with Down syndrome by Jillian Rork MD and Allison Kranyak MD. It was one of the best webinars I have seen. It was full of practical suggestions for families and clinicians. My son has several of the issues discussed in the webinar and the information I learned has already made a difference for him. See the link to the webinar below along with a link to new handouts on skin conditions and Down syndrome by the Society for Pediatric Dermatology. The folliculitis handout is especially helpful as folliculitis is so common. As the winter air gets dryer, many patients have trouble with dry skin but using moisturizers can be a struggle for people with sensory issues.

Here is a link to a visual that details options for people with sensory issues:



Dr. Laura Cifra-Bean and Chris Bean

[https://adsresources.advocatehealth.com/assets/1/13/Lotion\\_Options.pdf?1506](https://adsresources.advocatehealth.com/assets/1/13/Lotion_Options.pdf?1506)

To watch the Dermatology webinar on demand:

[https://us02web.zoom.us/webinar/register/WN\\_RPFBNKfKT76UUyWBSLepCg#/registration](https://us02web.zoom.us/webinar/register/WN_RPFBNKfKT76UUyWBSLepCg#/registration)



Patient handouts:

<https://pedsderm.net/for-patients-families/resources-for-patients-with-down-syndrome/>

[https://pedsderm.net/site/assets/files/25974/spd\\_ds\\_folliculitis\\_color.pdf](https://pedsderm.net/site/assets/files/25974/spd_ds_folliculitis_color.pdf)

## Dermatological Care

Ryan C, Vellody K, Belazarian L, Rork JF. Dermatologic conditions in Down syndrome. *Pediatr Dermatol.* 2021; 38: 49–57.

<https://doi.org/10.1111/pde.14731>

<https://onlinelibrary.wiley.com/doi/10.1111/pde.14731>

*This article details the common skin conditions associated with Down syndrome including folliculitis, hidradenitis suppurativa, xerosis, seborrhea, angular cheilitis and fissures in the lips. As part of the increased susceptibility to autoimmune conditions, alopecia and vitiligo are more*

common in people with Down syndrome also.

---

Rachubinski AL, Estrada BE, Norris D, Dunnick CA, Boldrick JC, Espinosa JM. Janus kinase inhibition in Down syndrome: 2 cases of therapeutic benefit for alopecia areata. *JAAD Case Rep.* 2019 Apr 5;5(4):365-367. doi: 10.1016/j.jdcr.2019.02.007. PMID: 31008170; PMCID: PMC6453941.

<https://pmc.ncbi.nlm.nih.gov/articles/PMC6453941/>

*People with Down syndrome have immune dysregulation including activation of JAK/STAT signaling. This report details two cases where people with Down syndrome had **significant improvement in their alopecia areata after being treated with the JAK inhibitor tofacitinib (Xeljanz).***

---

**If this email was forwarded to you - you can subscribe by clicking on the link below. Thanks for your interest.**

Subscribe to the Medical Outreach newsletter

Visit the DSANEO website

Donate

**DOWN SYNDROME  
ASSOCIATION OF NE  
OHIO**  
6533 Brecksville Rd.  
Independence, OH 44131  
216.447.8763  
[www.DSANEO.org](http://www.DSANEO.org)



The Down Syndrome Association of NE Ohio | 6533-B Brecksville Road | Independence, OH 44131 US

[Unsubscribe](#) | [Update Profile](#) | [Our Privacy Policy](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!